

# Learning Community Charter School

## October 2017 Lunch Menu



Cook Up your own Recipe for Success during National School Lunch Week!

This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details.

There will be three winners company-wide. Each winner will receive a gift basket and gift card.

Each winner's recipe creation will be featured on the January Menu!

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$3.00
Reduced Lunch	\$0.40
Adult Lunch	\$3.50

Maschio's Swap Outs

Monday: Chicken Caesar Salad Wrap

Tuesday: Cheese Quesadilla with Salsa

Wednesday: Hummus Platter with Cheese Stick & Pita Bread

Thursday: Veggie Burger on a Bun

Friday: Tuna Salad Wrap

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Maschio's Swap Outs Available Daily

Deli Sandwiches & Salads

Bagel with Yogurt Bag

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Popcorn Chicken with Dipping Sauces Dinner Roll Locally Grown Veggie Dippers Fresh or Chilled Fruit	<b>3</b> Hamburger or Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit	<b>4</b> <b>National Taco Day!</b> Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	<b>5</b> <b>BBQ Grilled Chicken Sandwich</b> Country Slaw Vegetarian Baked Beans Strawberry Applesauce	<b>6</b> <b>Personal Pan Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
<b>9</b> School Closed	<b>10</b> <b>Pasta with Meatballs</b> Garlic Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	<b>11</b> <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> Breakfast Sausage Hash Browns Fresh or Chilled Fruit	<b>12 New Recipe!</b> #Throwback Thursday <b>Cheeseburger Mac &amp; Cheese</b> Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	<b>13</b> <b>Stuffed Crust Pizza</b> Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit
NATIONAL SCHOOL LUNCH WEEK				
<b>16</b> Lucky Tray Day <b>Crispy Chicken BLT on a Roll</b> Fresh Cucumber Coins Fresh or Chilled Fruit	<b>17</b> <b>Half Day All Natural Beef Hot Dog on a Bun</b> French Fries Fresh or Chilled Fruit	<b>18</b> SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	<b>19</b> <b>Breakfast for Lunch Pancakes</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>20</b> <b>Twisty Cheesy Breadsticks with Marinara Sauce</b> Locally Grown Veggie Dippers Fresh or Chilled Fruit
<b>23</b> <b>Grilled Cheese Sandwich</b> Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	<b>24 New Recipe!</b> <b>Chicken Fried Rice</b> Steamed Vegetables Mandarin Oranges Fortune Cookie	<b>25</b> <b>Pasta with Meat Sauce</b> Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	<b>26</b> <b>Chicken Nuggets</b> Fresh Vegetable Pasta Salad Fresh Veggie Dippers Fresh or Chilled Fruit	<b>27</b> <b>Bella's Pizza</b> New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit
<b>30 New Item!</b> <b>Chicken Tenders Basket</b> Smile Fries Pumpkin Pretzel Fresh or Chilled Fruit	<b>31 HALLOWEEN</b> <b>Turkey Corn Dog Nuggets</b> Sweet Potato Tots 100% Juice Orange Sorbet			

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com) Or Call Linda at Maschio's Food Services at LCC

Payments can be made through the main office or online:  
 10 for \$30.00 / 20 for \$60.00

**Please Make Checks Payable To:  
 Learning Community Charter School**

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"