

Counseling Program Overview

NURTURING EVERY CHILD'S EMOTIONAL INTELLIGENCE



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Room #

Learning Community Charter School

Counseling Program

2016-2017

COME SEE THE COUNSELOR

- SELF-REFERRAL
- REQUEST OF THE COUNSELOR
- PARENT/GUARDIAN REFERRAL
- ADMINISTRATIVE REFERRAL
- TEACHER OR STAFF REFERRAL
- REFERRAL BY FRIEND(S)



PROGRAMMATIC COMPONENTS

Individual Counseling

Students may meet with the school counselor to discuss and set goals and implement action plans related to academic, social, emotional or behavioral concerns, or explore ideas related to careers. Any time during the school year, a parent/guardian may contact the school counselor to refer their child for counseling.

Small Group Counseling

There are a variety of counseling groups that will run throughout the entire school year. They vary by age groups, gender, developmental readiness, topics and activities. Groups typically run for a 6-week duration, 1x a week depending on student schedules.

Sample Groups: Study skills, social skills, anger management, self-awareness, etiquette, self-control, coping with family changes, anxiety & stress management, navigating peer relationships, gay-straight alliance, career & personality, African-American leadership & empowerment, children of incarcerated/drug & alcohol addicted parents & **much, much more.**

PROGRAMMATIC COMPONENTS Cont'd

Middle School Advisory

Each of our 6th-8th grade students will be enrolled in a required advisory course.

- **6th graders:** "What Would You Do"
- **7th graders:** "Social-Emotional Learning"
- **8th graders:** "D.A.R.E. Keeping it R.E.A.L. program" (Jersey City Police)

Lunch Bunches

This is a very non-structured counseling option that offers a way for the school counselor and students to get to know one another better. Children, grouped by grade-level bands, will eat their lunches while the school counselor guides conversations. These groups nurture friendships and provides a safe place for students to practice social skills.

PARENTS/GUARDIANS

GIVE THE SCHOOL COUNSELOR A CALL!

Parents and guardians are encouraged to call or email the school counselor at any time for a meeting if you have academic, social, personal, emotional or behavioral concerns about your child. The school counselor will help to arrange parent/teacher meetings, small group or individual counseling sessions, student academic planning sessions, high school/career exploratory sessions, as well as outside referrals for intervention.



"Educating the whole child is finally seeing education for what it can and should be-a system that creates healthy, safe, engaged, supported and challenged students and prepares them for college, career and citizenship."

-Sean Slade